

- Title:** Fatherhood Partnership
- WHO:**

	Partner A	Partner B	Partner C
<b>Organization Name</b>	Fairfax County Dept. of Family Services, <b>Children, Youth and Families</b> Division (DFS-CYF)	Capitol Youth Empowerment Program (CYEP)	Researchers Dr. Cabrera, University of MD and Dr. Fagan, Temple University
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**3. We believe:**

Fathers play important roles in the lives of their children. According to research, there is a direct link between positive father involvement and child well-being. This partnership will provide an efficient, effective, and innovative approach to addressing the fatherless home, eliminate barriers between fathers and children, and support fathers with comprehensive wraparound services. This partnership will increase the capacity of the Fairfax DFS-CYF Division to serve and support fathers and their families. The additional partnership with Dr. Cabrera, University of Maryland, and Dr. Fagan, Temple University will provide research and evaluation of the long-term effectiveness of the Fathers-in-Touch fatherhood program; a critical analysis that is needed to ensure that the program is indeed having a positive and measurable impact on participating members.

**4. Background:**

CYEP has the full capacity to fund and provide a high quality parenting class for men entitled Fathers-in-Touch, and is excited and eager to expand the Fathers-in-Touch program to more areas in Northern Virginia (most specifically Fairfax County) in an effort to reach as many local fathers as possible who will benefit from this much-needed service.

**5. Together we will:**

CYEP will provide three fatherhood classes per year to fathers in Fairfax County, using the evidence-based 24/7 Dad Curriculum developed by the National Fatherhood Initiative. Fathers in Touch will provide comprehensive wrap around services and support, 24/7 Dad Parenting class, and monthly activities for fathers and their families in Fairfax County. All of these services will be guided by rigorous, evidenced based academic research to provide a high quality program with a measureable impact on the lives of children and families in Fairfax County. CYEP will also provide evaluation thru a contract with the University of Maryland, Dr. Natasha Cabrera.

DFS-CYF will provide referrals to the program, marketing and technical assistance to support the program.

**6. When:**

**Starting:** Winter 2009    **Ending:** Fall 2010    **Tentative Renewal:** Dec 2010  
Dec 2011

**7. Where:**

All 24/7 Dad parenting classes will be held at sites agreed upon by Fairfax County DFS-CYF and CYEP in Fairfax County starting in January 2010. In the first year, the three DFS-CYF regions with the highest demand will be served. Upon renewal of the partnership in Dec 2010, the fourth region will be considered first.

Child care for the 24/7 classes will be provided on site by CYEP.

The supervised father/child visitation activities will be held at sites to be determined by CYEP once per month.

During the course of the program, CYEP will offer the fathers access to substance abuse and mental health pre-screenings as part of the class. If a participant whose family/children are receiving services from DFS-CYF self-reports substance abuse or mental health issues, CYEP will, in consultation with the participant, refer this to DFS-CYF. In cases where the participant self-referred into the fatherhood class, DFS will consult with and educate CYEP staff on the referral process and provide information about mental health and ADS programs available to Fairfax County residents.

Research and evaluation will be conducted at the Fathers-in-Touch parenting classes and monthly activities.

**8. How:**

The first of the three classes held in Fairfax County will be offered in mid January 2010. Subsequent classes will begin in early May and September 2010. The classes will follow a classroom and group discussion format and will incorporate monthly supervised father-child activities. Interactions between children and their fathers will be monitored by trained CYEP staff who have completed and passed criminal and Child Protective Services background checks. All interactions between children in foster care or in protective supervision and their fathers will be documented in writing. Information about

County programs and resource information will be made available to the fathers through guest presentations and educational materials.

Each 12 week parenting class (10 to 12 dads) will begin at 6:30pm and will end at 9pm on Tuesdays and Wednesday evenings. Dinner will be served from 6:30pm to 7pm. Guest speakers and presentations will occur from 6:30pm to 7pm. Two facilitators will co-facilitate the classes.

Activities will be held once per month at designated sites for fathers enrolled in the class and graduates of the class.

**9. Target audience:**

Fathers who reside in Fairfax County or have children receiving DFS-CYF services are eligible to attend the class. The classes are funded by CYEP and are free of charge to fathers regardless of income. Fathers struggling with alcohol abuse, drugs or mental health issues will be referred to appropriate services and will need to be active and compliant with needed treatment prior to admission in the class.

**10. Each partner agrees to provide:**

(Also see attached chart with time lines and more specific details)

Capital Youth Empowerment Program will:

- provide at least (3) 12 week parenting class for fathers, facilitators, and dinner at each class  $\frac{3}{4}$  of each year; at least 2 classes if demand/recruitment is low. Classes will not exceed 12 men per class. CYEP will also conduct pre and post inventories.
- provide supervised visitation activities once per month. The dads from classes will meet at the monthly activity. All dads participating in the monthly activity will be registered in a 24/7 Dad class or a graduate.
- conduct Fatherhood symposiums and panel presentations for parent support groups in Fairfax County to educate mothers on the important role a father plays in the life of his child.
- provide brochures and flyers for Fathers in Touch that incorporate the County seal and are approved by DFS.
- contract with the University of Maryland Evaluation proposal through existing funds.
- work with the DC Central Kitchen to provide meals for classes.

Fairfax Department of Family Services-CYF will:

- provide information about services available to fathers in Fairfax County (e.g., Mental Health services, Alcohol and Drug Services)
- refer men to the 24/7 Dad Parenting class.

- secure Fairfax County sites for the class and print flyers to promote attendance to the class.
- coordinate with CYEP to provide guest speakers to address child support (DCSE), domestic abuse, and employment resources for the class (Joblink) for 30 minutes presentations during the dinner portion of 3 different classes of the 12 week 24/7 dad parenting class.
- help identify child care volunteers for the 24/7 Dad parenting classes.
- provide consulting on program development.
- Work with CYEP to identify a group of non-participating fathers to participate in pre and post surveys which will serve as the control group for the evaluation without delaying delivery of needed services to these fathers.

Researchers, Dr. Cabrera, University of MD and Dr. Fagan, Temple University, will:

- create and conduct research tools to measure the success of Fathers in Touch, including follow up studies on the outcomes and results.
- provide reports and evaluations on a quarterly basis. They will make all evaluations available to both CYEP and Fairfax County DFS. A yearly report will be produced for Fairfax County Office of Public Private Partnerships.

The outcomes will be measured through both qualitative and quantitative methods. Dr. Cabrera and Dr. Fagan will: 1). track the number of men graduating from the 24/7 Dad parenting class as well as the number of men registered for the Fathers in Touch program; 2). record the number of contacts made between fathers and their children through the supervised monthly activities; 3). tally the number of men screened for substance abuse and mental health services; 4). calculate the number of fatherhood symposiums at local parenting classes; and 5). ascertain the positive change in attitude concerning fatherhood measured by the Fathers in Touch pre and post survey instruments, in addition to, focus groups and intensive interviewing sessions wherein CYEP will gauge the direct impact and well-being of this intervention in the lives of the children and families we serve.

#### **11. We know we will be successful if we:**

- Increase in the number of Fairfax fathers graduating (maintained at least 80% attendance or attended at least 24 of the 30 total class hours) from fatherhood classes from an estimated 8 fathers per year to 24 fathers in the first year of the partnership. Targets for subsequent years to be determined at date of agreement renewal.
- Increase in fathering and parenting knowledge of fathers in the FIT fatherhood class by an average of 10% (individual score) and 15% (group score) in scientific measurement tools.
- Increase in positive involvement of fathers with their children measured by the number of Fairfax fathers in FIT taking advantage of 1 out of 3 of the monthly supervised visitation activities with their children, and the number of fathers in FIT who maintain at

least monthly face to face contacts with their children for at least 12 months after graduation.

- d. Maintain percentage participation of CYF clients compared to external clients at 75% (18 of 24) vs. 25%.
- e. FIT conducts at least 3 forums at local parent support groups

**12. We agree to the following renewal process:**

- a. Begin the renewal process in September 2010.
- b. Joint review of the outcomes outlined above.
- c. Decide whether to continue the partnership.
- d. Discuss and review any proposed changes or modifications to the agreement.
- e. Finalize new agreement no later than October 31, 2010.

**13. Other Resources**

The Office of Public Private Partnerships will serve as liaison to facilitate effective and productive partnership by identifying issues collectively with partners; understanding the vision of individual partners to meet a particular community issue; using experience, best practices and strategic planning to guide and lead the partners toward a common goal.

The Office of Public Private Partnerships will assist CYEP in providing referrals to nonprofit capacity building organizations for the purpose of sustainability.

The Office of Public Private Partnerships will support the initiative by communicating Fathers in Touch to potential funders.

OAR will provide 1 thirty minute information session per 12 week class about their services and employment. They will also take referrals from the class as we are assisting men to gain employment to support their families.

**14. Future opportunities**

Green DMV can help to provide job training for fathers.

**15. Signatures:**

A. Fairfax County Dept. of Family Services, Child, Youth and Families Division (DFS-CYF)

\_\_\_\_\_  
Signature Title Date: \_\_\_\_\_

B. Capitol Youth Empowerment Program

\_\_\_\_\_  
Signature Title Date: \_\_\_\_\_

C. Researchers, Dr. Cabrera, University of MD and Dr. Fagan, Temple University

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Signature Title Date: \_\_\_\_\_

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Signature Title Date: \_\_\_\_\_

Not for Distribution

**Partnership Agreement \_ Roles and Responsibilities of DFS and CYEP (Question #10)**

<b>ROLES &amp; RESPONSIBILITIES</b>	<b>PARTNER A</b>	<b>TARGET DATE</b>	<b>PARTNER B</b>	<b>TARGET DATE</b>	<b>Level of Resources Needed From DFS</b>	<b>Person Responsible in DFS</b>	<b>Why?</b>
<b>Planning for The Class</b>					with partnership/no partnership		
<u>Marketing</u> _ Promote Partnership by meeting with key stakeholders and distributing CYEP brochures.	DFS	6 months	CYEP	Ongoing	Medium/High	Champana	
<u>Marketing</u> _ Promote fatherhood classes by e-mailing flyers to major referral sources and distributing hard copies of flyers in the community.	DFS	Ongoing	CYEP	Ongoing	Low/High	Calvin	
<u>Assess Demand</u> Determine regional location of next class based on demand (waiting lists) and input from CYF supervisors, Managers, and Community partners.	DFS	Ongoing	CYEP	Ongoing	Low/Low	Champana	
<u>Securing venue</u> Work with faith-based community, Community Recreation Services, Public Libraries, to secure venues for classes.	DFS	12 months	CYEP	Ongoing	Low/Low	Calvin	

<b>ROLES &amp; RESPONSIBILITIES</b>	<b>PARTNER A</b>	<b>TARGET DATE</b>	<b>PARTNER B</b>	<b>TARGET DATE</b>	<b>Level of Resources Needed From DFS</b>	<b>Person Responsible in DFS</b>	<b>Why?</b>
<u>Designing/printing flyers</u> _ Create and print flyers bearing the name of DFS as a partner to promote upcoming classes.	N/A	N/A	CYEP	Ongoing	N/A	N/A	
<u>Provide Dinner</u> _ Securing donations for class meals.	N/A	N/A	CYEP	Ongoing	N/A	N/A	
<u>Referrals</u> Receiving <b>CYF</b> referrals	DFS	Year 1	N/A	N/A	Medium/Medium	Calvin	CYF Workers are familiar with CYF PEP process. This process will be shared with CYEP
<u>Referrals</u> Receiving <b>external</b> referrals	DFS	Year 1	CYEP	Ongoing	Low/Medium	Calvin	
<u>Referrals</u> Screening <b>CYF</b> referrals _ Review referral info with SW and client, answer ADS, MH, questions.	DFS	Year 1	N/A	N/A	High/High	Calvin	Ensure CYF clients get their priority needs met first.
<u>Referrals</u> Screening <b>external</b> referrals _ Review referral info with client.	DFS	Year 1	CYEP	Ongoing	Medium/High	Calvin	Calvin will teach screening tool to CYEP so they can screen all referrals.
<u>Training</u> Recruit and Train all facilitators	N/A	N/A	CYEP	Ongoing	N/A	N/A	N/A



ROLES & RESPONSIBILITIES	PARTNER A	TARGET DATE	PARTNER B	TARGET DATE	Level of Resources Needed From DFS	Person Responsible in DFS	Why?
<b>Teaching The Class</b>							
Facilitation _	DFS	Year 1	CYEP	All classes	Medium/High	Calvin + CYF Volunteers	Co-facilitate, Observe, Support hands on training of CYEP facilitators
<u>Dinner Speakers</u> Identify speakers to discuss services available to dads in Fairfax County.	DFS	As needed	CYEP	Ongoing	Low/Low	Champana	
<u>Attendance requirement</u> Enforce DFS/ PEP attendance requirements (24 of 30 hours)	N/A	N/A	CYEP	Ongoing	N/A	N/A	N/A
<u>Weekly Dad check in</u> _ Conduct weekly follow up calls to dads during first four weeks of class.	DFS	Ongoing	CYEP	Ongoing	Low/High	Group Facilitators	*After year one, there may not be a DFS co-facilitator
<u>Social worker Check In</u> _ CYF case only_ Update social worker on progress of dad and need for follow up as needed.	DFS	Ongoing	CYEP	Ongoing	Low/low	Group Facilitators	* After year one, there may not be a DFS co-facilitator
<u>Home Visit</u> _CYF Case only _ DFS social worker will follow up with dad about concepts learned and how to apply them at home with children.	DFS	Ongoing	N/A	N/A	Low/Low	FPS, CPS, FC&A, FIRE TEAM, Prevention, HBS	

ROLES & RESPONSIBILITIES	PARTNER A	TARGET DATE	PARTNER B	TARGET DATE	Level of Resources Needed From DFS	Person Responsible in DFS	Why?
<u>Supervised Visitation</u> _ FC&A + PS cases only_ Supervise & document interactions between fathers and children.	N/A	N/A	CYEP	Ongoing	N/A	N/A	DFS needs to provide training to CYEP on what to look for in parent/child interaction.
<u>Class Related Expenses.</u> Handouts, workbooks, curricula, materials, etc	N/A	N/A	CYEP	Ongoing	N/A	N/A	
<b>Quality Assurance</b>							
<u>Pre/Post tests</u> _Administer	N/A	N/A	CYEP	Ongoing	N/A	N/A	N/A
<u>Pre/Post tests</u> _Share results w/DFS	N/A	N/A	CYEP	Ongoing	N/A	N/A	N/A
<u>Program evaluation</u> _ Work with University of Maryland Department of Human Development on program evaluation/research study.	DFS	Ongoing	CYEP	Ongoing	Low	Champana	Are fathers improving their fathering and parenting knowledge? Is this knowledge being applied? Is there an increase in positive father involvement with children?
<u>Program evaluation</u> _ Cost of longitudinal research study	N/A	N/A	CYEP	Ongoing	N/A	N/A	

ROLES & RESPONSIBILITIES	PARTNER A	TARGET DATE	PARTNER B	TARGET DATE	Level of Resources Needed From DFS	Person Responsible in DFS	Why?
Screening process Training _ DFS will Share and train CYEP on the Fairfax PEP screening process.	DFS	1st six months	N/A	N/A	Low	Calvin	Ensure fathers are receiving the right services at the right time.
<u>Supervised Visitation Training</u> _ Provide training on supervising and documenting father-child interactions	DFS	3 months	N/A	N/A	N/A	N/A	Develop and train CYEP on use of visitation/ parent-child interaction checklist.

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